

March 2024



Activity Center for Older Adults

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Fitness for Seniors Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1 9am Coffee Hour 10am Exercise 11am Wii Bowling & Lunch	2
3	4 9am Coffee Hour 10am Exercise 11am Uno 12:30pm Pinoche 1:00pm Mahjong	5 9am Coffee Hour 12:30pm Pinochle 1pm Board Games	6 9am Coffee Hour 10am Exercise 10am Crafts 10:30am Library 10:30am Special Craft 12:30pm Euchre 6pm Euchre	7 9am Coffee Hour 12:30pm Golf Cards 1pm Bunco/LRC 1pm Bridge Club	8 9am Coffee Hour 10am Exercise	9
10 Daylight Saving Time 	11 9am Coffee Hour 10am Exercise 11am Uno 12:30pm Pinoche 1:00pm Mahjong	12 9am Art Class 9am Coffee Hour 12:30pm Pinochle 1pm Board Games	13 9am Coffee Hour 10am Exercise 10:30am Games with Dunes Hospice & Cutler Funeral 12:30pm Euchre	14 9am Coffee Hour 10am-1pm Senior Day Lunch & Games 12:30pm Golf Cards 1pm Bunco/LRC 1pm Bridge Club	15 9am Coffee Hour 10am Exercise	16
17 Happy St. Patrick's Day 	18 9am Coffee Hour 10am Exercise 11am Uno 12:30pm Pinoche 1:00pm Mahjong	19 9am Art Class 9am Coffee Hour 12:30pm Pinochle 1pm Board Games Spring First Day Of 	20 9am Coffee Hour 10am Exercise, Crafts, & 10 am FREE Blood Pressure Screening 10:30am Library 12:30pm Euchre 6pm Euchre	21 9am Coffee Hour 10am FREE Hearing Screening 12:30pm Golf Cards 1pm Bunco/LRC 1pm Bridge Club	22 9am Coffee Hour 10am Exercise	23
24	25 9am Coffee Hour 10am Exercise 10:30am Library Tech Support 11am Uno 12:30pm Pinoche 1:00pm Mahjong	26 9am Coffee Hour 12:30pm Pinochle 1pm Board Games	27 9am Coffee Hour 10am Exercise 10am Crafts 12:30pm Euchre 6pm Euchre	28 9am Coffee Hour 12:30pm Golf Cards 1pm Bunco/LRC 1pm Bridge Club	29 Closed Good Friday 	30 9am-2pm Red Cross Blood Drive
31 Happy Easter 	1	Hours Mon 9am – 4pm Tue 9am – 4pm Wed 9am – 8:30pm Thu 9am – 4pm Fri 9am – 11am		Groups Board Games 2nd & 4th Monday of the month Bridge — Thu Bunco/LRC — Thu Crafts — Wed Euchre — Wed aft/eve		Exercise — Mon, Wed, Fri Mahjong — Mon Pinochle — Mon & Tue Uno 1st & 3rd Monday of the month Wii Bowling — 1st Friday of the month